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TLDSB outlines back-to-school plan

Not intended to solicit properties already listed for sale

by MIKE BAKER
Times Staff

There were no unexpected surprises last week when Trillium Lakelands District School Board outlined its plans for students' upcoming return to school.

During a recent meeting held on Aug. 24, TLDSB Director of Learning Wes Hahn said the board is "very excited" about kicking off the school year with largely in-person learning beginning Sept. 7. While Learn@Home was an option for any student, providing parents made TLDSB aware of their choice back in June, Hahn reported that just 329 students board-wide would be participating in online learning this coming school year.

"We are very excited about starting in-person [learning] again in our schools. That is something we all in this room feel is really important," Hahn informed TLDSB staff and trustees last week. "That's not to say the great work done in our Learn@Home [program] hasn't been well done by staff and accepted by families and students, but we're glad to see [our kids] back in schools."

He highlighted some of the health and safety measures that would, once again, be implemented this year. Mandatory masking will be in place for all students from Kindergarten to

see RETURN page 4



Huskies hopefuls

Roster hopeful Ethan Everaert of Sarnia, 16, slides across for a save during the Haliburton County Huskies tryout hockey camp for goalies vying for a roster spot on the Ontario Junior A Hockey League team on Friday, Aug. 27 at the S.G. Nesbitt Memorial Arena in Minden. The Huskies rookie camp was held all weekend, starting with 16 goalies on Friday followed by 49 skaters on the weekend. The roster will be announced later this week. /DARREN LUM Staff

Much-changed Hike Haliburton event looking to be a hit

by MIKE BAKER
Times Staff

Interest in this year's Hike Haliburton festival has been "through the roof" according

to event organizers, with 28 of the 30 available hikes already completely booked up.

With the festival still a couple of weeks away – slated to begin on Sept. 16 and running until Sept. 19 – Thom Lambert, tourism facilitator with the County of Haliburton,

said an increased demand in outdoor activities combined with some COVID-enforced restrictions means competition for space on this year's Hike is as fierce as it has ever been

see SOME page 17



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- Hydro/Bell Along Road \$179,000 Anderson Rd, 76.64 Ac., 200.23
- Ft Fr., Year Round Road \$149,900 Drag Court, 0.66 Ac., 150.9 Ft
- Fr., Close to Amenities \$124,900 Hadlington Rd, 214.47 Ft. Fr.,
- 9.85 Ac., Driveway Installed
- \$99,900 May to Eet, 1.03 Ac., 200 Ft Fr., Drivey Single SOLD \$84,900 Norley Rd, 187 Ft Fr., 1.2 Ac Level
- Building Lot \$69,900 Lot 5 Anderson Rd, 2.53 Ac., 200.13 Ft Fr., Year Round Road

- \$69,900 Lot 6 Anderson Rd, 2.90 Ac.,
 - 200.02 Ft Fr., Year Round Road • \$69,900 Lot 7 Anderson Rd, 3.33 Ac.
 - 200.02 Ft Fr., Year Round Road
 - \$69,900 L\$ or ier Rd, 2.96 Ac., 200.09 Ft Rd, 2.96 Ac.,
 - \$69,900 L Rd, 3.41 Ac., 249.91 Ft II., Tear Round Road

 - \$59,900 Lot 1 Anderson Rd, 1.49 Ac. 319.3 Ft Fr., Year Round Road
 - \$59,900 Lot 2 Anderson Rd, 1.41 Ac., 200.94 Ft Fr., Year Round Road
 - \$59,900 Lot 3 Anderson Rd, 1.41Ac., 200.58 Ft Fr., Year Round Road
 - \$59,900 Lot 4 Anderson Rd, 1.41 Ac.
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 - Hydro & Bell Along Lot Line

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Siblings Barb Russell-Gaskey and Colin Russell sit on the new rainbow-themed bench along the riverwalk in Minden that will serve as a permanent symbol of recognition for their brother, Sinclair Russell, who passed away in May 2020. Sinclair was one of the founding members of Minden Pride, and was a prolific community volunteer. /MIKE **BAKER Staff**

Minden community comes together to celebrate 'larger than life' personality

by MIKE BAKER

Times Staff

"Sinc would have loved this" was the one message reverberating around something of an impromptu celebration of life last Friday by the Gull River, as Minden Pride honoured one of its beloved founding members.

Sinclair "Sinc" Russell was a larger than life personality, who had a tremendous impact on the community, not only here in Minden, but across the Highlands. His passing back in May 2020, at the age of 74, hit many people hard.

"It's difficult to put into words just how hard it was losing Sinclair last year," one member of Pride told the Times. "Right at the height of the COVID-19 pandemic ... We weren't really able to do anything to recognize him, to mourn him, to celebrate all the things he has done in this community, and for this community... He deserved the best send off."

As well as helping to establish Minden – a volunteer-run organization that provides an opportunity for members of the LGBTQ community, and their allies, to celebrate their culture, heritage and diversity - Sinclair was a regular volunteer at the Minden Community Food Centre and a dedicated member of St. Paul's Anglican Church.

More than 60 people gathered along the riverwalk by the Gull in Minden on Friday afternoon last week as Minden Pride held a bench dedication ceremony, officially unveiling a rainbow-coloured seating arrangement that will immortalize Sinclair and serve as an ever-lasting reminder of his years of service in the Highlands.

Allan Guinan, Chair of Minden Pride, said it was the perfect day for such a celebration - the sun shining and near perfect weather to celebrate one of the community's most beautiful souls.

"This has been the one event we've been most excited about throughout Pride Week. If it wasn't for Sinclair, there wouldn't be a Minden Pride," Guinan said. "We feel it's so

important for us to do this, to pay tribute to Sinclair. Having this bench here means that Pride, now, isn't just for a week in August. It's 365 days a year, and the significance that has in terms of inclusivity and diversity is fantastic."

The township of Minden Hills partnered with Minden Pride on the project, and deputy mayor Lisa Schell was on hand at the dedication to remember a "special man."

As one of a dozen speakers at the event, Schell said Sinclair helped to pave the way for several LGBTQ community members in Minden. She shared how her own son felt comfortable and invigorated when he came out as gay, and that was thanks to the work put in by Sinclair and the other early members to establish Minden Pride several years ago.

The decision to place the bench along the riverwalk, close to the sawyer sculpture by the bridge in town, was an easy one, Guinan said.

"This was an area that Sinclair would often come to. We worked in conjunction with the township in order to do this, and have this bench here as a permanent celebration of Sinclair's life," Guinan said.

Two of Sinclair's siblings - Colin Russell and Barb Russell-Gaskey – were also on hand at the celebration. They thanked the community for remembering their brother, and sharing several stories about him that they hadn't previously heard.

"We had a pretty good idea of what impact Sinclair made – but hearing all of these people here, this just cements it for us. It's been such a nice afternoon. Very heartwarming," Barb

Colin was similarly moved.

"I'm used to hearing accolades about Sinclair – he has been such a contributor to the community for many years, so this is nothing new. It's just a continuation of the tributes that I have heard about him for years and years," Colin said. "Still, there were some beautiful stories, and it does take you back and make you remember. Sinclair was a special person. Like you've already heard from many people today, he was larger

Six names in the running for MP in Haliburton-Kawartha Lakes-Brock

Times Staff

There will be at least six names on the ballot in Haliburton-Kawartha Lakes-Brock when voters hit the polls later this

Gene Balfour has been confirmed as the local Libertarian candidate, while Alison Davidson will stand for the People's Party of Canada. Balfour's name will likely be a familiar one to area residents, given that he stood for the People's Party in the 2019 federal election.

The pair join Conservative nominee Jamie Schmale – seek-

ing a third term as the riding's Member of Parliament, Liberal candidate Judi Forbes, the Green's Angel Godsoe and New Democratic Party nominee Zac Miller on the campaign trail.

The deadline for candidates to register for the upcoming election was yesterday (Monday, Aug. 30). Elections Canada will announce the final list of candidates for each riding later today. As of press time, the *Times* understands it will be a six horse race here in HKLB.

The federal election will take place on Sept. 20. Advance polls will begin on Sept. 10, and continue until Sept. 13.

For details on how to register to vote, visit the HKLB returning office, located at Suite 22 of the Whitney Town Centre at 370 Kent St. West in Lindsay, or call 1-866-239-2830. Jerry J. Ford is the returning officer for our riding.

Mandatory pre-consultation coming to Minden Hills planning department

by DARREN LUM

Times Staff

The following are briefs from the Minden Hills council meeting on Thursday, Aug. 26.

Council is moving to establishing a formalized process related to mandatory preconsultation for applications to the planning department.

This will help with improving efficiency at the department, as is experienced by municipalities with this in place already.

Township planning consultant Amanda Dougherty said without a set process for pre-consultation the information received from applicants has been "piece-meal or incomplete."

"It makes it difficult to properly review and then provide clear feedback and comment on proposed developments before we actually see a formal application. So, often when we've been reviewing applications we're finding numerous submissions or issues that require further consultation and discussion with applicants. And certainly, for many, this is a point of frustration and generally we find through these conversations applicants just seem unclear about expectations in the planning process," she said.

She noted the township is authorized to pass a bylaw to make pre-consultation mandatory for certain types of planning act applications based on the planning act. She added this does not apply to minor variance applications.

Staff will present a related report outlining a formalized process, and the related bylaw at a future council meeting.

Closure for Schuylers Island Causeway work

Expect daytime closure and limited access when work begins to replace culverts on Schuylers Island Causeway.

Per the report by director of public works, Travis Wilson, "All in-water work will be completed prior to Oct. 15 as per DFO requirements. As information to Council and ratepayers; Shuylers Island Road will be closed from 7 a.m. to 6 p.m. daily during construction. One lane of traffic will be opened after 6 p.m. to allow vehicle access in and out. Signage will be posted on-site with these times prior to construction in addition to media releases and social media posts."

Tulloch Engineering will perform the "straight forward" remove and replace work at a cost of just over \$170,000. There is a contingency of of around \$17,000 for unforeseen costs related to the project.

The court lease extended until October 2025

CAO Trish McKibbon said it's been a year, but negotiations with Ontario Infrastructure and Lands Corporation and CBRE Limited for the court facilities located at 7 Milne Street are complete.

The original lease was from Nov. 1, 2005 to Oct. 31, 2010 and was then extended from Nov. 1, 2010 to Oct. 31, 2015 and again from Nov. 1, 2015 to Oct. 31, 2020. The latest extension is from Nov. 1, 2020 to Oct. 31, 2025.

The agreed terms in the third term extension satisfied staff and the township solicitor.

"The key point that I want to highlight to council and what took a great deal of time

is working out language in this third extension in regards to the COVID-19 pandemic and who would dictate and who would be responsible for any updates to the building in regards to COVID-19," she said.

McKibbon said the third term extension includes key wording to address the aforementioned concern.

"It is at our sole discretion whether that work takes place," she said.

Township recognizes COVID-19 vaccination clinic volunteers

Vaccination clinic volunteers are being recognized by the township for their dedication and commitment to helping with the local mass immunization clinic, which opened in April 2020 and is expected to close in September.

"This clinic could not have taken place if it was not for the approximately 210 volunteers, who assisted and provided their time to make this work," CAO Trish McKibbon said.

She added the Rotary club of Minden took the lead, organized and coordinated the

As a gesture of appreciation to the volunteers and the Rotary Club, the township will contribute \$3,500 from the federal Safe Restart Funding to offset the costs related to a September outdoor recognition event.

Councillor Bob Carter, who was a volunteer with another councillor, said volunteers gave more than 5,000 hours of their time and helped with the administering of 16,000 vaccinations. He added the volunteers saved the township from having to use upwards of 10 staff members for the same work.

He raised the idea to increase the funding

from \$2,000 to \$3,500.

Devolin agreed, and said he was open to providing more money, if it is needed.

The volunteers stepped up like the community has needed in the past.

"Particularly in Minden, we think of floods. The first one particularly, and the things that were done by people and this is our community. It continues to give and this is a small token. Whatever form of official recognition and/or the naming of all those that participated in this effort, if you have some brainchild how we can do that formally, whether there is an honour roll or a plaque to put in our community centre, I would like to do something that stands over time as a testament to what they did," he said.

Recognition of Orange Shirt Day -Every Child Matters, Sept. 30

Minden Hills will honour the day at 9 a.m. with a flag raising.

This year the Canadian government declared Sept. 30 a National Day for Truth and Reconciliation a statuary holiday

Councillor Pam Sayne said, "This is in recognition of that kind of devastation and recognize that that is a history that is being lived generations afterwards and to understand. We did pass a resolution at council quite a while back that we would look at issues around discrimination and understand what that means and understand what that means to people's daily lives,."

Although it wasn't part of the resolution, Sayne would like to see staff look at the Truth and Reconciliation Report, possibly on the day of recognition.

IN SEASON, EVERY SEASON

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LABOUR DAY HOLIDAY

Minden Hills Council & Staff wish everyone a Safe and Happy Labour Day Weekend

Please enjoy the holiday responsibly and within the Provincial guidelines. Administration Offices and services will be CLOSED on Monday September 6th.

EMPLOYMENT OPPORTUNITIES

such as enrollment in a comprehensive benefit package, Employee Assistance Plan, life insurance, personal health coverage, OMERS pension plan, vacation, float and sick time entitlements as well as opportunities for training and development.

We are currently looking for qualified individuals to join our team in the following positions:

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NOTICE OF TAX SALE

TAKE NOTICE that the Township of Minden Hills is selling land by Public Tender

> Deadline for submission is Friday, October 1st, 2021 on or before 3:00 PM.

For more information visit www.mindenhills.ca/tenders/, contact the Tax Collector at 705-286-1260 ext. 501.

<u>LABOUR DAY HOURS OF OPERATION – WASTE SITES</u>

Minden Hills Waste Sites will be operating on Holiday Monday Hours of Operation on Monday, September 6th, 2021. Hours of Operation for Labour Day are as follows:

Scotch Line - 9am - 8pm Ingoldsby – 12pm – 7pm

Iron Mine - 12pm - 6pm

Little Gull - 12pm - 6pm

(VIRTUAL) COUNCIL MEETINGS

Council and Closed Session meetings are currently being conducted virtually via web conference meetings, until further notice. Meetings begin at 9:00 AM unless otherwise noted.

> The schedule of upcoming meetings are: September 9 – Regular Council Meeting September 30 – Regular Council Meeting

Members of the Public are invited to observe Council proceedings by joining a live-stream link available on the township website at www.mindenhills. ca/council/ or by using the direct link provided in the notice. We encourage those wishing to view the meeting to also download the agenda, as it will not be displayed during the streaming process. Meeting agendas can be

downloaded by visiting our website at www.mindenhills.ca/council/. Please note the live-stream link provided for each meeting will only be activated while Council is in session.

We are currently looking to fill a variety of positions within the Township. Many opportunities include benefits

Seasonal Labourer

HAZARDOUS WASTE COLLECTION EVENT

The next Household Hazardous Waste collection event is Saturday, September 11, 2021 at the Scotch Line Landfill from 8am to 11:30am. Please visit mindenhills.ca/landfill for a list of accepted items.

A MESSAGE FROM THE FIRE DEPARTMENT

Barn Fire Safety

Fire safety is an important part of farm life. People, animals, and property are in danger when fire breaks out on the farm. Inspect your barn and outbuildings for fire hazards to reduce the risk of tragic loss.

- Heat lamps and space heaters are kept a safe distance from anything that can burn and on a sturdy surface that cannot fall over.
- · Electrical equipment is labeled for agricultural or commercial use.
- All wiring is free from damage. Extension cords are not used in the barn
- · Lightbulbs should have covers to protect them from dust, moisture and breakage. Complete repairs quickly and ensure dust and cobwebs are removed around outlets and lights
- Oily rags are stored in a
- Feed, hay, straw, and flammable liquids are stored away from the main barn. • The barn is a smoke-free zone.
- Exits are clearly marked and pathways are clear.
- Fire drills are held frequently with everyone who uses the barn. Workers are trained to use fire extinguishers.
- Everyone in the barn knows personal safety is the first priority if a fire breaks out.
- Hazard checks take place on a set schedule
- The following safety equipment may be required by local building codes and will help protect your barn. Install and maintain: · ABC-type fire extinguishers near every exit and within 50 feet from any point in the barn.
- Sprinkler system
- Carbon monoxide detection system



Return of sports, extra-curriculars a 'major plus' for TLDSB students

from page 1

Grade 12 when inside school facilities, while student cohorting at the elementary level will be maintained, again, while inside school facilities.

Hahn did note though that, while outside, students would be free to interact with other students from outside their cohort, and would not have to wear a facemask.

One of the most significant changes surrounds the reintroduction of school clubs, extra-curriculars, sports and music programs.

"That's one of the biggest areas for families – that was something that was really missing for our kids [last year]," Hahn said. "Our students see a connection through peers and friends through these activities. I think it's really important [that we bring these things back]."

Facilities such as cafeterias and libraries will be gradually reopened, with Hahn encouraging principals to take a "cautious approach" to make sure there are appropriate plans for student movement and enhanced cleaning. Lockers, it was noted, would continue to be off-limits this year.

At the secondary school level, TLDSB will be using the quadmester model for student classes, something Hahn expects will remain in place until at least January. He noted that timetables for high school students would be sent out this week.

Vaccination was a hot-topic at last week's meeting. It was noted that any visitor looking to "engage" in a school building should be vaccinated. Hahn noted that while vaccinations for students and staff are not mandatory, they are recommended. Any staff member who chooses not to be vaccinated will



Students from Archie Stouffer Elementary school will be allowed to socialize outside of their cohorts and won't be forced to wear a mask while on recess and outside the school facilities when they return to school. The new school year will kick off on Sept. 7.

be asked to provide a medical exemption. Further refusal to be vaccinated will result in the staff member participating in a mandatory education session, outlining the benefits of being vaccinated. Any member of staff who is not vaccinated will be required to undergo regular COVID-19 testing.

Along with this new vaccination protocol, TLDSB is also rolling out a new quarantining initiative.

"In the past, if there was a case that came into a classroom, the teacher and students would all need to quarantine. There are detailed steps now, that if teachers and students are vaccinated, they don't have to quarantine if they are not exhibiting symptoms," Hahn said. "That's important, because it means our staff can stay in the classroom and our students can maintain their class time."

After securing additional government funding earlier this year, Hahn noted school board staff were hard at work upgrading ventilation systems at all school sites. The most notable change, Hahn says, is the installation of new HEPA filters, which will be placed in all TLDSB classrooms.

"We're feeling good about where we're at right now with managing proper airflow and keeping air safe within our buildings," Hahn said

It was noted that some secondary schools within the region would be hosting COVID-19 vaccination clinics, starting in September. Hahn said the board were currently working with the Haliburton, Kawartha, Pine Ridge District Health Unit to set up a schedule. These clinics, Hahn stressed, would be public health events, and not organized in any way by TLDSB. These clinics will provide opportunities for any student or staff to receive their vaccination if they haven't already done so.

In closing, Hahn clarified the situation surrounding Learn@Home, saying any parent who has registered their child for online learning would have one final opportunity to change their mind in September.

"The whole idea of switching ... That's one of those things we have to stay very firm on. The model, by now, has been chosen. But, like every year, when we have students show up into schools and classrooms, we take a look at the numbers and do a September reorganization. At this point, we will look for opportunities to potentially do a reorganization [of students from Learn@Home into in-person learning], but we will not be doing this throughout the year," Hahn said.

"There won't be a waiting list, there won't be opportunities [to change] every other month. We can't do that ... It's really important for us to maintain stability. Last year we were moving, there were wait lists and it's just not possible to do that and do it well," Hahn concluded.

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- Vermont Resident Survey, 2013

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Roster hopeful Ben Grahame, 17, of Ajax flashes the leather, making a save during a drill on Friday. The Huskies selected the top six players from Saturday and Sunday. They will announce the team roster later in the week.

Local hockey players Colin Glecoff, pictured, and Braeden Robinson will be affiliate players for the Huskies this season, Robinson is expected to play for the North Kawartha Knights, and Glecoff is expected to suit up for either the NKK or the AAA Central Ontario Wolves midget aged team.





Covering all the angles

Sixteen-year-old roster hopeful Ethan Everaert of Sarnia performs a drill during the Haliburton County Huskies tryout hockey camp for goalies vying for a roster spot on the Ontario Junior A Hockey League team on Friday, Aug. 27 at the S.G. Nesbitt Memorial Arena in Minden. The Huskies rookie camp was held all weekend, starting with the 16 goalies on Friday followed by 49 other players on the weekend. /DARREN LUM Staff

Pre-season home schedule

Haliburton County Huskies inter-squad, blue vs white game is Saturday, Sept. 11 at noon in Minden. This game will include local players Kaine Brannigan, Dylan Keefer and Isaac Little. There are two more home games against Aurora Tigers on Saturday, Sept. 18 at 4:30 p.m. and against the Collingwood Blues on Saturday, Sept. 25, at 4:30 p.m. Free admission for these games, which are all being held at the S.G. Nesbitt Memorial Arena. See team website (www.huskieshockey.ca) about how to be a billet family for a player and to know the upcoming regular season.









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It's time to act

MIKE BAKER

Editor

YE LOST count of the number of sad, horrific stories I've heard in recent years about how a promising young life was destroyed, and sometimes even cut short due to illicit drug abuse.

Unfortunately, there have been a few more added to that list over the past week, with Haliburton County left reeling following a spate of overdoses, which began the week of Aug. 16. Haliburton Highlands OPP informed media they responded to five overdoses in as many days a couple of weeks ago. In four of those instances, the individuals received emergency care and were saved. The fifth wasn't so lucky.

According to police, this marked the fourth drug-related death in the Highlands already in 2021. These

statistics are even more startling when you consider that, through the entirety of last year, we only saw two drug-related deaths in the community.

Even those who aren't so good with numbers will, I'm sure, be able to quickly realize that this represents a 100 per cent increase from 2020. And we're only three quarters of the way through the year!

It's a worrying trend, for sure, and one that Catherine McDonald, a registered nurse and substances and harm reduction coordinator with the Haliburton, Kawartha, Pine Ridge District Health Unit, says has been apparent for a while. In terms of hospitalizations, McDonald says numbers from HKPR catchment areas had doubled from the 12 month window between April 2020 and March 2021, and the subsequent 12 months from April 2019 to March 2020.

Much of Canada has been dealing with an opioid crisis for the better part of a decade. According to statistics released by the federal government, there were 21,174 apparent opioid-related deaths nationwide from January 2016 to December 2020.

When one breaks down the numbers even further, it's pretty obvious to see that, as McDonald pointed out, things have gotten drastically worse over the

past 18 months – right in line with the onset of the COVID-19 pandemic. Between April and December of last year, there were 5,148 opioid-related deaths in Canada. That number represented an 89 per cent increase from the same time period in 2019, when there were 2,722 deaths.

There are numerous factors at play here – clearly, it's been a pretty rough go for most people over the past year and a half. COVID-19 has impacted everyone in some way, shape or form. Feelings of depression, isolation, stress and anxiety are through the roof, and it's really no wonder – here in Ontario, we spent the better part of a year in lockdown, with services drastically depleted and day-to-day distractions such as dine-in

restaurants, movie theatres, golf courses and museums completely shuttered.

Society itself, at least for a little while, seemed to completely crumble all around us. From that standpoint, it's easy to see why these numbers, as concerning as they are, have increased.

So, what can we do about it? First of all, we have to

acknowledge that there is a problem. Yes, Haliburton is a small community, and I get the sense that there's a general feeling amongst the public that issues such as drug abuse aren't as prevalent here as they are in the big city. Only they are. They always have been. And now we have real, localized statistics to back that fact up.

Yesterday marked International Overdose Awareness Day. There was an event in Haliburton, where people spoke about the preventative measures we can take, or advice we can give to help people who are struggling. There are lots of red flags we can look out for, to help people before it's too late.

This year's global theme is 'Time to Remember, Time to Act'.

I'd like to repeat that message

– Haliburton County, it's time to
remember those we have so needlessly
lost over the years. It's time we acted,
and actually did something about it.



"What a lovely night breeze!"

Where have all the flowers gone?

HE OTHER day, I heard Jenn scream, "Where have all the flowers gone?"

At first, I thought she was doing a punkrock rendition of the old Peter, Paul and Mary hippie anthem. But then after my eyes followed her index finger to our front garden, I realized that she was just asking a question.

And the answer was, "They are in some deer's belly."

The deer are now eating so frequently at our front flower garden that I'm starting to believe one of them gave it a great Yelp review.

If for no other reason, this has made Jenn a lot more open to the idea of giving deer hunters like me additional tags for defense of home and garden.

Frankly, I do not harbour any resentment towards the deer in question, but I do

wish that there was a type of grass I could plant that they would prefer over her flowers. Then, I'd finally be able to sell the lawn mower and we would all win.

Jenn has tried and tested many concoctions meant to deter them. Some of these potions, smell so evil that they might have gotten her accused of witchcraft in a different time. She has even found one particularly vile and effective homemade spray that works – right up until it rains.

The deer seem to know this too. I'm at a loss about what to do.

Someone suggested fencing was the best solution, but I'm not sure how fair that would be. Heck, I'm not even sure a deer could pick up a sabre with its cloven hoofs. Plus, as a rule, I think it's a bad idea to arm

wild animals.

But I digress.

A better solution might be to plant plastic flowers, which I have suggested to Jenn many times. But, apparently, this idea is an abomination to the serious gardener. Plus, Jenn, reminded me of the difficulties we had when she bought wax fruit long ago – and I wouldn't wish that on my worst enemy.

In the meantime, the deer remain a problem.

Regardless, I don't begrudge the deer for eating our expensive flowers. But I do begrudge them for not making it all the way to the restroom.

For the outdoorsman, learning about a deer herd's love of flowers is critical information. And it is something that you don't always hear about in magazines and websites that talk about what deer eat. Oh sure, we hear about how they hit, acorns and apples and clover

and alfalfa, but no one ever tells you that they will favour your wife's most expensive prized roses over all these things.

And they are brazen about it too. Trying to kick a deer out of your wife's flower garden and you'll soon see the side of *Bambi* that the Disney people tried to hide.

I think there is a lesson here for deer hunters. And that is, instead of food plots and bait piles, if you really want to draw deer into an area, create a beautiful, lovingly tended garden in the middle of your hunting grounds. And then set up a tree stand within easy range of your prized hostas.

In the meantime, I think I will place the odd plastic flower in her garden. At least it will be a long time passing...



STEVE GALEA
Beyond 35

INOTHERWORDS

Columns and Letters to the Editor

What's the use

THERE SEEMS to be scant interest in the Sept. 20 federal election, and that bothers me.

People are not excited about, or interested in, this election. Polls indicate that a majority of voters see no need for another election less than two years

The election was called because the Trudeau minority government feels it needs a majority to govern effectively. Many people disagree, believing the minority government should carry on and work with opposition parties to tackle the COVID pandemic, serious global warming issues and other challenges facing Canadians.

Little interest in an election often results in low voter turnout, and that would

not be good for our democracy.



JIM POLING SR. From Shaman's Rock

There has been a trend to lower voter turnouts in most well-established democracies over the last 50

It's a trend seen in overall civic participation; fewer individuals are interested in becoming involved in political, economic and social life. (Church attendance, for instance, has declined steadily with fewer than 15 per cent of Canadian Christians saying they attend a church weekly.)

Instead of showing how they feel at the polls, more people now are demonstrating in the streets. The Jan. 6 U.S. Capitol insurrection, Canadian protests and

statue defacements over residential school history and worldwide protests over COVID vaccination and vaccine passports are examples.

A Washington think tank reported last year an 11.5-per-cent increase in mass protests around the world since 2009. It also noted that the number and intensity of global protests are likely to increase.

Some observers see this rise in citizen activism – an increase boosted through social media use – as a new, more popular form of political engagement.

Federal elections over the last 25 years have seen an average of fewer than two-thirds of eligible Canadian voters cast ballots.

Voter fatigue might be one reason for declining voter turnouts. This is the eighth federal election to be held since 2000 – that's one every 2.6 years. The average turnout in those elections was 63 per cent compared to 70-80 per cent in the 1960s and earlier.

Declining voter turnout is worse in the United States, a democracy that some people believe is headed toward another civil war. Voter turnout there in recent years has been around 55 per cent.

Low voter turnout is damaging to our democracies because the will of the people is not being represented accurately. Just over 60 per cent are deciding how the country should be run.

A majority of the 60 per cent often are the wealthy and major corporations who finance politicians who focus mainly on what those people want, not what might be best for the overall population.

It's easy to focus on all the flaws in our political system, throw hands in the air and shout: "What's the use?"

Yes, the way party politics works these days really stinks. And yes, many of the party politicians we elect lack the experience, intelligence, or independent thinking required to solve our problems.

But just shouting "What's the use" and not voting is not the answer. We may be tired of it all and feel that our votes will change nothing, but we have to set those feelings aside on Sept. 20 and get out to vote.

Mark your calendar and plan to make time to vote. No matter how you feel about the current state of politics, voting is a duty and a privilege. Responsible people vote, no matter what.

Declining voter turnouts are a blaring warning horn to governments. Politics are becoming more affected by noisy street protests than by the quiet thoughtfulness of the voting booth.

New ideas and new types of political leaders are needed to find solutions that will ensure the best political representation possible. And, we must find ways of getting voters better informed with real facts and clear thinking.

The average Canadian voter today doesn't spend much time becoming well informed about election issues. Too many of us rely on sound bites, video clips and social media chatter for our information.

As Winston Churchill once said:

"The best argument against democracy is a five-minute conversation with the average voter.'

All of us need to become better informed and more of us need to make getting out to vote a priority.

letters to the editor

MPP's stats not accurate

The Haliburton City of Kawartha Lakes Long-Term Care Coalition wishes to respond to the article in the Minden Times, Wednesday, August 25, 2021 written by Mike Baker, where Mike interviewed Bonnie Roe, member of the LTC Coalition. The article, 'Local coalition continuing to push for change in long-term care' spoke to the fact that we had scheduled an appointment to present the concerns of our 3,600 petitioners to MPP Laurie Scott's staff on August 6, at 10 am and unfortunately our appointment was not in their bookings. We did present to staff member Monica, who was extremely supportive.

Through correspondence with Laurie Scott's office, the *Times* was told that, "the original petition signed by 3,600 individuals, the majority of those who signed were not residents of HKLB riding. Kailie Oortwyn, legislative affairs advisor with Scott's office, said that more than half of the petitioners resided out of province or overseas"

Our Coalition has revisited the total signees and confirm that the number of signatures outside of the province is 25 per cent not the over 50 per cent stated by Laurie's office. We will be informing MPP Scott's office of this clarification as this is a huge discrepancy. Our numbers have now risen to over 4,300 in several weeks, which is impressive as it shows that this is an issue of grave concern to many provincially and

federally and is also largely due to the press this issue has been receiving from our local print and radio media.

Of utmost importance is that those who have signed the petition feel that their voices are not being heard as we have not had a response from Laurie's office since our visit or from a phone call that was placed a week later. These signatures show that 4,300 people want change to happen within the LTC sector now not in four years as was promised by the Ford government. The crisis is not over because residents have been vaccinated. LTC homes are still grossly understaffed every shift, workers are not valued and paid a decent wage and homes still do not have unscheduled inspections and are not being penalized for infractions.

Stay tuned for our upcoming 'Report Card on Our Election Candidates' and where they stand on pressing for change in LTC. We have an election Sept. 20.

Your vote counts. Long-term action now. LTC residents deserve better

For more information please go to www.ltcneedsyou.ca

> Bonnie Roe Haliburton-CKL Long-Term

No 'legitimate' concerns here

To the Editor,

Re: Reply to Rose Randall, Have an Open Mind About Vaccination Skepticism, August 25, 2021.

Ms. Randall, I admire your statement that it is healthy to ask questions and even be skeptical. That is exactly the premise that high quality scientific research goes by - ask the question, employ the model, collect the data, document the results, and submit for peer-review.

Your "legitimate concerns", now 18 months into this pandemic, I am happy to say are no longer "legitimate". Each one has been thoroughly debunked over these months due to solid science and data collection from not one nation, but from all around the world. Please take comfort in the fact that it is no longer healthy or right to hang onto the "old" fears we all had at the beginning. Science has proven unequivocally now that the vaccines are extremely effective in keeping the 75 per cent of vaccinated Ontarians, to date and climbing, out of the hospital and out of the graveyard. Do they stop transmission? No, you are right, they don't. But I am doubly vaccinated and if I catch COVID-19 likely it will be similar to a mild cold. Not so for the unvaccinated - these folks (hopefully not you) are more than likely going to have a very bad outcome. Statistics coming out of the hospitals in Canada, USA, UK, etc. are showing this has now become a pandemic of the unvaccinated.

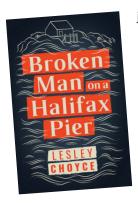
I am doing my civic duty to protect me, my neighbour, my family, and even fearful folks like you by getting vaccinated and I have no problem showing proof of that. But I draw the line when it comes to sitting indoors at a restaurant beside a person who chooses to remain unvaccinated because they refuse the science. That person can eat at home thanks. Public health protects us all and, if remaining healthy in public means proving my vaccination status, it is a small price to

John Stewart Mill, considered to be one of the two Classical Utilitarians and the most influential British philosopher, proposed the "Harm Principle". The harm principle says people should be free to act however they wish unless their actions cause harm to somebody else. Put in another way, you have the right to bend your elbow and move your arm. When it connects with my nose however, Canadian law, that both you and I abide by, says that's when you lose that right. In this instance, you have the right to become sick with COVID-19 BUT, should you knowingly expel this deadly virus over and around others, that's when the rights of the collective begin and yours end.

It's not all about "me" anymore. It's time to think of others.

Wendy Hampson

HCPL's Book of the Month - September



Fifty-five-year-old Charles Howard has lost his long-time journalism job and has been swindled out of his life savings. Standing by the edge of Halifax Harbour on a foggy morning, contemplating his dismal future, his ritual of self-pity is interrupted with the appearance of the mysterious and beguiling Ramona Danforth. And so begins a most interesting relationship.

On a whim, Charles asks Ramona to drive him to his childhood home, Stewart Harbour, a fishing village populated by rugged individualists far down Nova Scotia's remote Eastern Shore. Charles left the Harbour immediately after graduating from high school and never looked back. And now that he's returned, the past starts catching up with him in ways he could never have imagined. Broken Man is one of this year's Evergreen nominees. Check it, and all the Evergreens

out from your local library branch, and vote on your favourite.

Jack Bush: The man with the red pen

by STEVE GALEA Special to the Times

The recently built house, on the north side of the village of Haliburton, remains a work in progress. Phone issues have to be dealt with, furniture and décor need to be placed, gardens and deer fences are waiting to be planned. The hundreds of small things that turn a house into a home must all fall into

For Elaine Bell, making that house a home, and embracing this new phase of her life, will happen without the support and thoughtful input of her cherished husband of 31 years. Jack Bush's 21-month battle against metastatic lung cancer came to an end at the hospital in Haliburton, with his peaceful death on August 17, 2021. He was 85.

In many ways, Jack lived a wonderful life surrounded by art and creativity. His father was the renowned Jack Bush, one of Canada's most celebrated painters. His brother wrote and sang the theme song for the iconic TV show, The Littlest Hobo. Another brother is an artist. Elaine is an accomplished musician.

Jack spent a lifetime making use of his own creativity too. His career in the advertising world started when he was hired as a copywriter at the age of 20. By the time he retired 45 years later, he was a Creative Director and had worked in Toronto, Vancouver and Montreal, where he left his mark on the pop culture of the time. If you saw, heard, or read a TV, print, or radio ad in those days, the odds are good that Jack had played a part in it. He even participated in a City of Toronto bid for the Olympic games.

All that creativity found a home in



Elaine Bell survives Jack Bush, a creative and caring soul that contributed much to Haliburton County. /Submitted by Elaine Bell

Haliburton County in 2000. That's when Jack and Elaine bought a house on County Road 1 and started a bed and breakfast that they ran for several years.

Once settled, Jack became one of those quiet but important participants in this community. You might not have known him, but he left his subtle influence in many ways.

If you read the Echo, between 2002 to 2009, you benefitted from Jack's expert copy editing. Former Echo editor Martha Perkins recalls that Jack phoned one day to express concern regarding editing errors in the paper.

"When you are running a paper and the

stories and deadlines are coming quickly, it's easy to miss little errors, no matter how many times you re-read a story," she said. "And the last thing you want is for people to call and point out the things that you got wrong that vou cannot fix. So, after some discussion, I told Jack that I would welcome him coming in and pointing out our mistakes while we still had a chance to fix them. I said you can bring your red pen every Tuesday and show up and help – and he did."

Perkins said that Jack's former career, in which clear, concise communication and brevity were paramount, made him an ideal addition to the team. More than that, she felt that he actually enjoyed coming in every week and helping out.

"I think he really liked the feeling that he was needed," she said

Jack's message was simple: "Do people a favour. Keep your sentences short. Keep your idea clear." That eventually resonated throughout the newsroom.

Perkins said his red pen and "Jackisms" had a strong influence on her and the reporters and made the paper better. Many of his more important bits of advice were taped to walls as not-so-gentle reminders. Some, I believe, are still there.

"We had other copy editors, and sometimes there are different opinions on punctuation and on how to convey an idea, but what I respected about Jack was that he could always explain why he edited something the way he did. He strove for clarity."

Perkins confessed, "He is still a constant voice in my head when I write."

Students at Stuart Baker Elementary School also benefited from Jack's quiet altruism and love of reading and the language. He volunteered 12 years as a reading buddy to students there, before illness required him to quit. When Jack talked about this, his face lit up and it was clear that he got just as much out of it as the students did.

Right up to this year, Jack also used his considerable advertising industry skills, working behind the scenes to promote the popular Haliburton Concert Series. This was his 10th year of donating time and expertise to the event by writing print and radio ads, as well as brochures and letters to subscribers.

Through the years, he continued to be creative and, up until recently, expressed that need in beautiful photos of the natural world. Many of them were taken along the rail line near their first Haliburton home.

"He loved seeing animals and took joy in watching them, but he never saw a moose," Elaine said.

(He often joked to the author that he did not believe they existed.)

Nevertheless, the photos were excellent.

"Excellence in writing and photography was his inheritance," she added. "Growing up in his family, it was as if he had no other choice but to be talented and artistic.'

When he first got news of the illness in 2019, he told Elaine, "If this is it, I've had a great life,"

He maintained his unassuming dignity, sense of humour, wry smile, and sense of joy throughout his sickness. He also told Elaine that he wanted to get to the new house. And

One of his last great creative legacies was proposing that the front door of the new house be painted bright yellow. Elaine thought he had "lost it" at first. But she soon grew to love it. I'd like to think it is because the door is like the man – cheerful, unique, and bright.

Before his passing, he told Elaine, "I think you are going to have a really nice life."

That was something he learned a lot about in their time together.

Jack and his broad smile, quick wit, and famous red pen will be missed by his friends from his *Echo* and *Times* days and, undoubtedly, by others whose lives he touched.

May he rest in peace.



october 2-3 & 9-10 | studios open 10-5

details found at the studiotour.ca

It's easier than ever to get your COVID-19 vaccine! If you were born in 2009 or earlier and still need your first OR second dose, visit one of the Health Unit's vaccination clinics in Fenelon Falls, Campbellford, Minden or Cobourg. No appointment needed! Walk-ins anytime from 1-6 pm Note: These clinics close as of Sept. 3 Visit www.hkpr.on.ca for clinic dates and locations Please bring your Ontario Health Card if you have one. HEALTH UNIT

COVID-19 vaccines... safe, effective and easy to get!



For thousands of years, Nature had her laws and she never broke them. Rivers flowed and shorelines thrived. Our lakes did just fine without us. But the stresses of climate change and population growth mean our lakes now need our protection.

They are showing signs of distress, with a decrease in wildlife and a rapid increase in toxic algal blooms.

A shoreline protection By-law, drafted by experts and rooted in Science is the most powerful action we can take to protect the health of our lakes and the future of our County.



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Do you want to serve your community?

by STEPHEN PETRICK

Special to the Times

The Algonquin Highlands Fire Service has a big, big swath of land to cover. So, as always, it needs a few more good men and women ready to serve.

The fire service is launching its annual fall drive to recruit volunteers. It's a tough job, admitted Fire Chief Mike French, but it's also very rewarding.

The job provides "a good chance to get involved in the community and a chance to meet people," said French. "We have a dedicated core now, but we do have a bit of

French said he hopes to have about a dozen new volunteers soon. Those interested can call 705-766-0010. More information is also available at www.algonquinhighlands.ca under the Fire Services link.

Ideally, about 55 volunteers are needed on the roster, French said. The municipality covers about 1,000 square kilometres and there are three fire stations; Oxtongue Lake, Dorset, and Stanhope.

The unpredictable nature of firefighting makes having a diverse roster of skilled people from across the municipality necessary.

At any given moment, volunteers could be called to fight a massive blaze or attend a medical call. Those calls could come in bunches or with wide gaps in between.

"You can go from doing nothing in the middle of the afternoon, to being up all night in a fire call," French said.

He said that about 70 per cent of fire service calls are for medical assistance, however, since the municipality is in cottage country it's not uncommon for the service to be called to help find hikers who are lost in the bush. The force also has to always be prepared to fight bushfires or respond to weather events like tornadoes.

French said volunteers have to be reasonably fit to do the job, but the role is available to adults of any age. Some volunteers have been with the service for 50 years because they've enjoyed doing it so much.



An Algonquin Highlands Fire Department Station 60 captain, who was learning to use a new breathing apparatus. /Submitted by Chris Shelly

Some volunteers use the role as a stepping stone to pursuing a career as a professional firefighter and some in fact are professional firefighters in other municipalities, but work as a volunteer while cottaging in Algonquin Highlands.

"Once people start doing it, they love it," French said.

While the drive to recruit volunteers takes place in the fall, a training program begins in January. It's a 12-week program that's completed on weekends.

People who officially become volunteers are then given a letter which they can give to their employers, which asks them to be excused from work if they're needed to respond

Overdoses on the rise in Haliburton County

by MIKE BAKER

Times Staff

A recent surge in the number of drug overdoses reported in Haliburton County has sparked a response from the OPP and the local health unit.

The Haliburton, Kawartha, Pine Ridge District Health Unit issued an alert to media last week, saying many of the overdoses being reported involved fentanyl - an incredibly dangerous, and often fatal opioid that has become a popular ingredient in many illegal drugs sold on the black market due to its powerful potency.

Catherine McDonald, a registered nurse and substances and harm reduction coordinator with the HKPR district health unit, says the increase in the number of overdoses recently would suggest a contaminated or poisoned drug supply was currently making the rounds in the local community.

Michelle Scanlan, an officer with the Haliburton Highlands OPP, noted that officers attended five overdoses in the county the week of Aug. 16 to 20, one of them which resulted in a death.

So far in 2021, the Haliburton Highlands

OPP has investigated four drug-related deaths, which is already an increase from what was seen in 2020, when two drug-related deaths were investigated.

"The OPP reminds citizens that it is dangerous to use non-prescription drugs from unregulated sources," Scanlan said.

McDonald encouraged area residents to be "extra vigilant" at this time, recommending anyone who uses drugs to follow several steps to help keep them safe. Those steps include: testing a small amount of the drug before you use it; never use alone; ensure that emergency services can be contacted in the event of an overdose; avoid mixing drugs; and keep a naloxone kit on hand.

Naloxone is an emergency medicine that temporarily reverses the effects of an opioid overdose until the victim can get to hospital for treatment. Kits are available at most pharmacies and needle exchange sites.

Signs of an overdose include: very large or very small pupils; slow or no breathing; cold and clammy skin; blue or purple fingernails or lips; and snoring or gurgling sounds. McDonald notes that, often in overdoses, it is difficult to wake a person up.

FEDERAL MONDAY, SEPTEMBER 20



Make sure you are registered to vote

Voting for the first time? Moved recently? Check or update your information.



Watch for your voter information card in the mail

It tells you where and when you can vote.



Contact Elections Canada if your voter information card:

- has incorrect information
- hasn't arrived by September 10

Your health and safety is our priority.

At your polling station, poll workers will be wearing masks. There will also be:



Hand sanitizer stations



Clear physical distancing markers



Only one poll worker per desk behind a plexiglass barrier

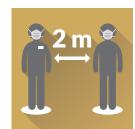
When you go to vote, don't forget:



Wear a mask



We will provide you with a single-use pencil to mark your ballot, or you can bring your own pen or pencil



Practice physical distancing by staying at least two metres away from voters and poll workers

If you have tested positive for or have symptoms of COVID-19, or if you have been in contact with someone who has the virus, visit elections.ca to apply to vote by mail. You have until Tuesday, September 14, 6:00 p.m., to apply.



Stay safe. Vote safe.

Visit elections.ca for the official information on voting and the health and safety measures in place

elections.ca **■ TTY 1-800-361-8935** 1-800-463-6868



lympic aspirations realized for cottager with Tokyo trip



After working so hard throughout her badminton career, at just 25 years old, Rachel Honderich's dream to compete in the 2020 Toyko Olympics came true. /Submitted

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RF/MAX

NORTH

PROFESSI^ONALS

by GRACE OBORNE Times Staff

For young badminton athlete Rachel Honderich, representing her country at the Olympics has always been a dream. In order for one to achieve such a goal, they need to work hard. It was through this tenacious work ethic that Honderich's hopes and wishes have come true.

At only 25 years of age, Honderich already has many accomplishments under her belt. In 2010, she won under-14 national titles in singles and doubles. The following year, she was under-16 national singles champion and by 2012, she was the best under-27 singles player in the Pan American region.

It doesn't stop there. In 2013, Honderich advanced to the senior level where she won singles bronze at the Canadian championships. In 2014 she helped the Canadian team reach the quarterfinals at the Commonwealth Games in Glasgow. Honderich then won the silver medal at the Pan American Championships in Markham.

In 2015, Honderich won singles silver and doubles bronze at the Toronto Pan American games and then won five medals at the Pan American Championships between 2016 and 2019. In 2019, Honderich won singles silver and gold in women's doubles at the Pan American games.

This year, Honderich and her partner Kristen Tsai won the doubles title at the Pan American Championships and were quarterfinalists at the Swiss Open, a World Tour Super 300 event. Then, over the summer, she took that next pivotal step.

Ever since she was a little girl, Honderich knew that she wanted to be one of the best badminton players in the country. She was recently recognized as such - being a member of Team Canada at the Tokyo 2020 Olympic Games.

"It was indescribable. My dream has been to go to the Olympics since I was 12. To be there just felt so surreal. It was 100 per cent a dream come true. I couldn't believe it the whole time I was there," said Honderich.

The Olympic experience looked different to Honderich this year due to COVID-19, but after being forced to wait for 12 months to represent her nation on the grandest stage, she couldn't let differences take away from this success.

"The Olympics was incredible. I think after being postponed a year, and then the fact that there was talk in the last month leading up to it that it could be cancelled or postponed again, made me feel really grateful that Japan went on to host it. I think they did an incredible job considering everything," said Honderich

"We weren't allowed to leave the village or the venue when we were there, so we couldn't really explore Tokyo. Nevertheless, the village atmosphere was still incredible. It was just so cool to be surrounded by so many incredible athletes and to see other Canadians and different countries."

Family and friends were not allowed in the village to support athletes. While Honderich would have loved to have her closest confidants in attendance, she still felt support from

"It was different. Obviously it was hard to have no audience or family there, but I still felt immense support from back home. The Olympics was overall just 100 per cent a dream come true. I couldn't believe the whole time I was there and I knew my family was back home supporting me," she said.

Though she and her partner since 2017, Tsai, did not advance to the quarterfinals, Honderich feels they had other great accomplishments and highlights.

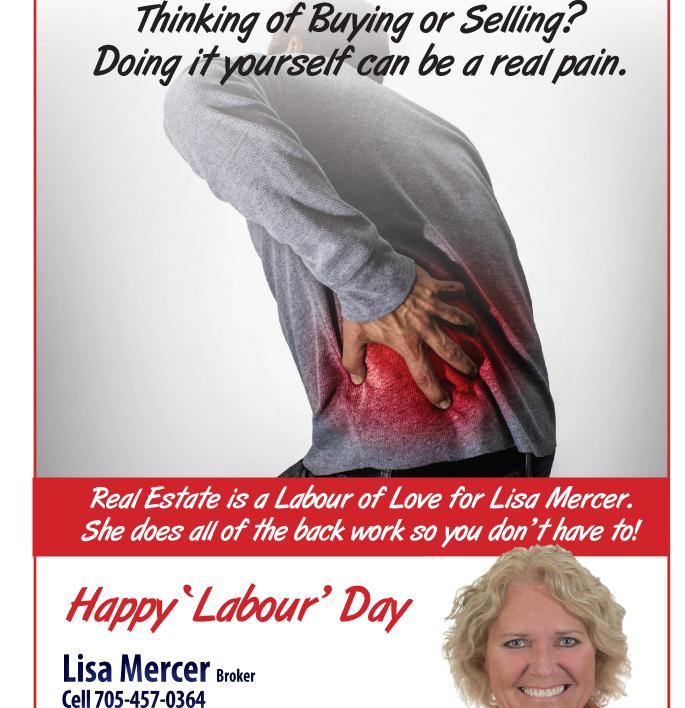
"In women's doubles, there were four pools of four, so 16 chains. We finished third in our pool. We were hoping to be in the top two so we could advance to the quarterfinals, but we didn't so we were a bit disappointed with that," said Honderich.

"I think our highlight was when we played against the world number two from Japan. We had a really close match, losing out 21-18 the third game, but I think that was probably our highlight performance."

Growing up, being an active kid, Honderich played many sports but ultimately chose to pursue badminton.

"Around seven or eight, I was interested in badminton along with many other sports, like hockey and tennis. In school, I played basketball, softball and just every sport. Competitively speaking, I mostly played hockey and badminton. When I was 12 or 13, tournaments between the different sports started to conflict a little bit, it was just busy going back and forth between so many practices," said Honderich.

see HONDERICH page 13





14.4 acres of prime development land opposite the Health Clinic and schools - exceptionally well built and meticulously maintained home and property - open bright kitchen with solid granite countertops - island - stone fireplace in living room - 3 bedrooms - 3 bathrooms - full finished basement - attached heated garage - 36' x 40' and 28' x 40' heated garages plus workshop





Honderich has eyes on 2022 Commonwealth Games

When it came time to pick one sport, Honderich decided it was badminton that she would excel at.

'That's how I decided I enjoyed badminton the most. I think I remember really enjoying both practices and tournaments. It has been a relatively natural progression. I just started with Toronto tournaments, then went onto provincial ones, then national, and then eventually international."

When Honderich was really young, her family would spend the entire summer at her family cottage on Kashagawigamog Lake. Now, between training and competing, she spends time in Haliburton on weekends.

Honderich encourages youth to strive for what they're passionate about and to work hard for it.

"The relationships you make, the experience and lessons you gain from giving up everything to work for a goal is so invaluable. If you have found your passion, you should 100 per cent go for it. There will definitely be a community who supports you when you feel that no one does. Who you surround yourself with is really important," she said.

Since arriving home from Tokyo, Honderich reflects on what her future goals are and what's next to come in her athletic journey.

"I definitely left [the Olympics] feeling really inspired, so I want to keep playing badminton. I haven't been training as much right now as my partner and I are taking some time to reevaluate new goals for ourselves and what we want to do going forward.

"Because the Olympics was postponed one year, it's only one more year until the Commonwealth Games. That could potentially be the next goal. Until then, I'll be returning to the University of Toronto for my undergrad in the fall and classes are still online, which means I'll definitely continue playing. I'll reevaluate soon, if I want to go for the Paris Olympics. I think with it only being three years away, it's definitely catching. After experiencing one, you just want more. I look forward to what the future has in store." Honderich concluded.



I'm the greenest, meanest and scariest of them all. Who am I?

- When the conditions are right, I create magnificent and sometimes massive blooms
- The toxins I produce in my bloom can detach and can travel through water
 - My toxins are invisible to the naked eye
- My blooms and their toxins love to travel. We can be in one place at dawn and be a kilometer away by
- I am almost the only one of my kind that can move up and down in water, enjoying life at a wide range of depths
- When the oxygen level in your lake gets too low, phosphorus is released from the sediment at the bot-

tom. I move down to feed on that Phosphorous

- I use that Phosphorous to nourish my blooms
- I can make people very sick and even kill pets
- I poison fish by getting right into their muscles If you boil water that has my toxins in it, my poison even goes airborne within the steam
- No in-home water treatment can eliminate my
- I love to tell everyone NOT to go to beshore.ca to find out who I am and how to stop me from spreading. I had my best year ever in Ontario last year and hope I to be coming to a lake near you soon.

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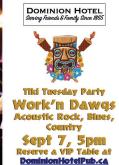














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Fascia

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ASCIA. OUR body is full of it. It's the connective tissue that holds us together and everything within us, where it's supposed to be.

In Latin, Fascia means "band" or "bundle". It is made mostly of collagen and it is throughout our entire body. It holds every organ, blood vessel, bone, nerve fibre and muscle in place. Under ideal conditions your fascia is malleable enough to twist, bend, slide and glide as you do.

Fascia is meant to stretch as we move. Certain things can cause fascia to thicken and become sticky. When this happens it tightens around muscles and limits mobility. Painful knots and adhesions often develop. Unhealthy fascia can be caused

- a sedentary lifestyle
- poor sleep habits
- poor nutrition
- muscle overuse or injury
- dehydration
- · stress

Often it's difficult to determine if the soreness that we feel is joint, muscle or fascia related. A rule of thumb is that if it hurts more after movement it's likely a joint or muscle issue. If it hurts less after movement it could be fascia tissue that has stiffened up.

Have you ever noticed that when you "stand up straight" you actually feel good? Try it now. Stand up. Get your shoulders back but keep your chin down. Ensure your feet are pointed forward and tighten your butt muscles. Your hands are relaxed at the sides of your body. Lastly, lift your head

like there's a string attached to the top of it that someone is pulling on. Does that make you feel strong or what? Hopefully it does because that is where your body is its happiest. Fascia tissue is there to keep us in that position when we choose to be in that position. When we choose to be slumped over a desk, fascia tissue tightens up to that position and then it becomes a fight to get into a standing position. Voila - all of that pulling results in pain.

A healthy lifestyle, full of movement, great food and rest, is the answer to avoiding and/ or reducing pain caused by sticky/thick fascia tissue. Pain is our body's way of telling us something isn't right and that we need to fix it or it will get worse. Sure, things like foam rollers, stretching and massage help but the reality is it has to be done daily to get rid of the pain. That's why an array of

movement is so important. The bigger your repertoire of movement is on a daily basis the smaller the opportunity for fascia to stiffen up!

For a moment, think about the type of moving you want to be able to do in five years from now. Whatever it is, you have to be doing it now (or working toward doing it) or you won't be able to do it then.

Something to think about.

Laurie Sweig is a certified personal fitness trainer and spinning instructor. She owns and operates The Point for Fitness. She can be reached at laurie@thepointforfitness.



Plum-struck!

With eight-year-old Ruby Mansfield, from left, and her step-mom Emily Stonehouse looking on, Allana Ziorjen and her four-year-old daughter Rhea meet with local drag queen Plum Licious after the Drag Story Time concluded at the Minden Cultural Centre, as part of the series of Minden Pride organized events held in the town last week from Aug. 23 to Aug. 29. /DARREN LUM Staff



Local drag queen Plum Licious meets with Pearl Mansfield after the Drag Story Time concluded.



Remembering Ron Reid

With Doug Macnab looking on, Marty Scheller chips for the hole while golfing at the inaugural Ron Reid HAVE (Help A Village Effort) **Charity Golf Tournament** on Aug. 27 at the Gull River Golf Club (formerly Beaverbrook Golf Course) in Minden. The charity event, which was held in Reid's memory helped to raise money to provide safe drinking water to people in rural India. The charity event raised \$11,500 and included 64 golfers, who also enjoyed lunch at the golf club's Mulligans Pub and Patio, which is also open to the public. It was held in Reid's memory and helped to raise money to provide safe drinking water to people in rural India. The winners were Cathy Macnab, Doug Macnab, Marty Scheller and Laura Willis. /DARREN LUM Staff



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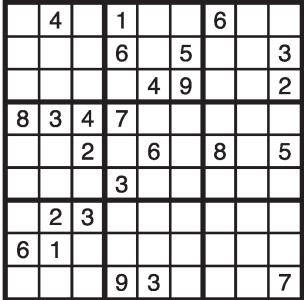
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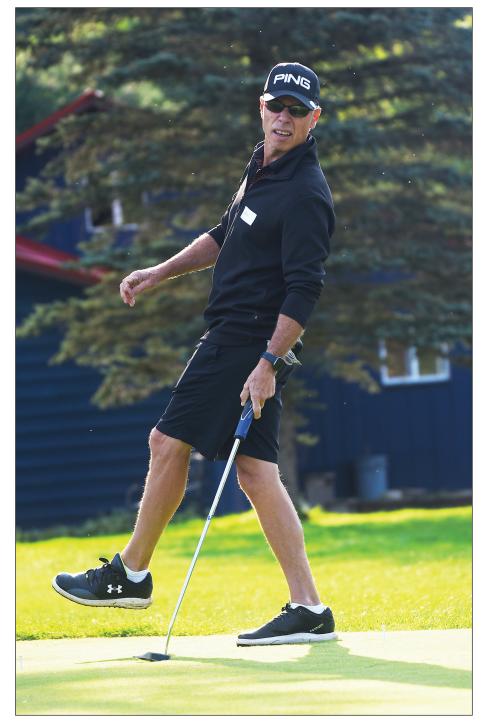
Like puzzles?
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Level: Advanced

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Answers on page 17



Bill Kerr leans back, willing his ball in the hole.

Matt Reid, son to Ron Reid, played a round of nine at the inaugural Ron Reid HAVE (Help A Village Effort) Charity Golf Tournament on Aug. 27 at the Gull River Golf Club (formerly Beaverbrook Golf Course) in Minden. The charity event, which was held in Reid's memory helped to raise money to provide safe drinking water to people in rural India. Reid was the longtime HAVE chairman and an active Highlands resident, who was "known for his kindheartedness and sunny disposition." He was committed to helping others and was instrumental in applying for and administering a \$500,000 CIDA grant, which provided clean water and sanitation to hundreds of villagers over a five-year period, as stated by HAVE. The winners of the best-ball tournament with 64 golfers were Laura Willis, Doug Macnab, Cathy Macnab and Marty Scheller./DARREN LUM Staff



Some 'neat features' incorporated into this year's Hike Haliburton

from page 1

"The interest this year has been phenomenal – because of everything that happened last year, with us having to cancel our fall festival, we made the decision to offer the festival in a really limited way this year compared to how we've done it in past years," Lambert said. "Part of that was that we had no idea what was going to be happening in terms of COVID, and we wanted to make sure we could run something, so we put an emphasis on making this year's Hike quite small and nimble."

The event was launched on Aug. 13, with 26 hikes originally posted to the Hike Haliburton website. A maximum of eight people could register for each hike. By the time Monday morning rolled around, Lambert says the schedule was completely filled. The county then added four more events on

Amongst the offerings this year are a hike around 'Capture Ragged Falls' in Ragged Falls Provincial Park, a 'Walk in the Clouds' in the Haliburton Forest and Wildlife Reserve, 'High Falls Hike and Rise' around the South Algonquin Trails, and touring 'Nature's Nuggets' in Snowdown Park.

There are a few "interesting features" this year, Lambert says. On Sept. 17, there will be a tour around the Haliburton Sculpture Forest that includes a unique spin.

"There's an incredibly compelling project happening during the Hike Haliburton week, where six dancers have been commissioned to go into the Sculpture Forest and create dance works in response to the many pieces on show throughout the outdoor art gallery," Lambert said. "So, we're offering two guided hikes where people can go in with the curator of the Sculpture Forest, learn about the in-place sculptures, and ... also see these dancers create completely original works of art themselves. And the best part is you can watch it while it is happening."

The major benefit of this feature, Lambert says, is that you

don't need to be registered on a Hike Haliburton walk to see the dancers in action. Anyone visiting the Sculpture Forest on Sept. 17, from 2 p.m., will be able to watch the dancers as they make their way from piece to piece.

Creativity was key this year for the team behind the Hike Haliburton festival. With all that is still going on in our world with the COVID-19 pandemic, an emphasis was placed on creative a couple of "mentally soothing" tours with half an eye on curing people's coronavirus hangover.

"We have three different forest bathing hikes happening this year. Because of COVID, we wanted to focus on providing stress release, and recovery from all things COVID for those involved," Lambert said. "We have an incredibly dynamic wellness community here in the Highlands, and these folks approached us and said they wanted to do something to help people put COVID back of mind - so we worked with them to create three lovely hikes, which are all focused on forest bathing, and the mental and spiritual wellness that goes with that.'

While all but the 'Glimmer of Dance, A Forest of Sculpture' event in the Haliburton Sculpture Forest on Sept. 16, and the 'Tour of Abbey Gardens' e-bike tour around Eagle Lake on Sept. 19 are fully booked, Lambert said there may be more events unveiled this week.

"I would say there's a very good opportunity that we will add at least a couple more hikes to the roster. I can think of several other hikes that we're negotiating with people on," Lambert said. "If we were to launch those, we'd likely be looking to launch them on a Friday.'

Even if you do happen to miss out, details surrounding all of this year's Hike Haliburton events, including descriptions, locations and precise GPS coordinates are available online, meaning local residents can participate in the walks alone, or with friends and family.

For more information, visit festival.hikehaliburton.com.



Applicant: Burnett Lot 19, Concession 11 Geographic Township of Stanhope

WHEREAS the Council of the Corporation of the Township of Algonquin Highlands has declared part of the original shore road allowance lying in front of Lot 19, Concession 11, and Part of Lot 19, Concession 11 designated as Road Allowance on Plan attached to SA3300, geographic Township of Stanhope, in the Township of Algonquin Highlands, County of Haliburton, to be surplus.

TAKE NOTICE that the Council of the Municipal Corporation of the Township of Algonquin Highlands proposes to enact a By-Law to stop-up, close and convey to the abutting property owner(s) that part of the original shore road allowance lying in front of Lot 19, Concession 11, and Part of Lot 19, Concession 11 designated as Road Allowance on Plan attached to SA3300, described as all and singular that certain parcel or tract of land and premises situate, lying and being in the geographic Township of Stanhope, in the County of Haliburton and being composed of the following:

FIRSTLY:

THAT part of the original shore road allowance lying in front of Lot 19, Concession 11, described as Part 2 on a Plan deposited in the Registry Office for the Registry Division of Haliburton County as Plan 19R-10472.

SECONDLY:

THAT part of Lot 19 designated as road allowance on Plan attached to SA3300, Concession 11, described as Part 4 on a Plan deposited in the Registry Office for the Registry Division of Haliburton County as Plan 19R-10472.

The proposed By-Law will come before the said Council for consideration at its regular meeting at the Algonquin Highlands Municipal Office, 1123 North Shore Road, on the 16th day of September, 2021 and at that time, the Council will hear in person or by his/her counsel, solicitor or agent any person who claims that his/her land will be prejudicially affected and who applies to be heard. Any person who wishes to be heard by Council regarding this proposed closure must contact the Clerk to schedule a delegation with Council.

Sean O'Callaghan

Township of Algonquin Highlands 1123 North Shore Rd

Algonquin Highlands, ON K0M 1J1

Tel: (705) 489-2379 Email: socallaghan@algonquinhighlands.ca

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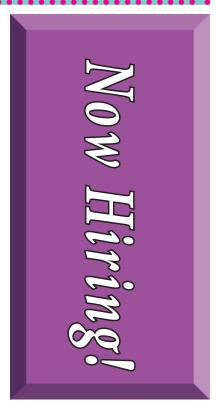
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IN MEMORIAM



``**```A`A`&````A`**&``**``** In Memory of a Dear Nana Kathy Anderson Sept. 2, 2019

> Of all the special gifts in life However great or small, To have you as our Nana Was the greatest gift of all. May the winds of love blow softly And whisper in your ear, "We love and miss you nana And wish that you were here." Deep in our hearts, your life is kept To love and cherish, not forget, No more tomorrows we can share But yesterdays are always there. A silent thought, a secret tear

\$ **\$ \$ \$ \$ \$ \$ \$ \$** \$ \$ \$

Keeps your memory, ever near. In our hearts forever, love your Grandchildren



In Loving Memory of Kathy Anderson September 2, 2019

I thought of you with love today But that is nothing new. I thought about you yesterday And days before that too. I think of you in silence I often speak your name. All I have are memories And your picture in a frame. Your memory's my keepsake With which I'll never part. God has you in His keeping I have you in my heart.

Missing you, love Randy



600 FUNERAL SERVICES





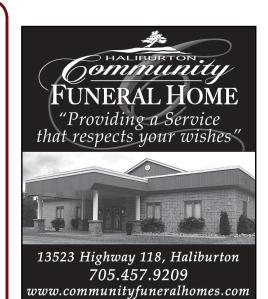
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650 OBITUARIES



Clara Tomkinson

In loving memory of Clara Tomkinson (nee Bierema) who passed away peacefully on Sunday August 29th, 2021 in her 84th year.

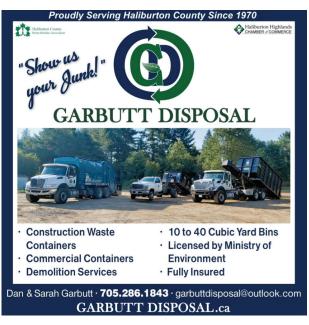
Clara was the cherished wife of Reginald Tomkinson for 46 years until his passing in August 2004. In her final days and hours, she was surrounded by her children and

grandchildren, Dave (Lori), Doug, Mike (Shelagh), Luke, Megan, Michael, Liam Benjamin, Emma, Sarah, and Gwendolyn all whom loved her dearly and will never forget her undying love and caring for them.

She will be missed and her memory will be kept alive by her devoted extended family (especially her brother Sam) and her many close friends.

The family with appreciation for the exceptional care given by the Palliative team at Peterborough Regional Health Centre requests in lieu of flowers that donation to the Palliative floor be considered (donate online - www. prhcfoundation.ca or by phone 705-876-5000). Private family arrangements have been entrusted to the Low & Low Funeral Home, 23 Main Street South, Box 388, Uxbridge L9P 1M8 (905-852-3073). Interment took place at the Foster Memorial Cemetery. Online condolences can be made at www.lowandlow.ca.











Are Still Available

Help curb the spread of COVID-19 in the workplace by identifying asymptomatic and pre-symptomatic cases.

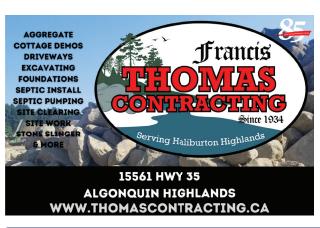
These FREE screening kits are available to local business regardless of whether you are chamber member or not.

These kits are designed to be easily and quickly preformed in the workplace and add a tool to your COVID-19 Workplace Safety Plan.

Find all of the details and to order your screening kits visit www. haliburtonchamber.com









#MyChamber

Chamber Members

Add your business to this monthly chamber page

Cost is \$35 once a month in the Echo or Times. Call Laura for Details at 705 457 1037 Ext. 32 Monday, August 16,1999. Number 1901

Environment Canada honours Phil Graham

There may have been grey clouds on August 13, but they had a silver lining for Minden's Phil Graham. He received a prestigious award from Environment Canada for his efforts in collecting weather data during the past 50 years.

In a presentation at the PineStone last week, friends and family gathered to honour Graham, who has been a volunteer climate observer for Environment Canada. For fifty years he has been checking the gauges twice daily to keep an accurate measure of weather in the Minden area. Graham is one of 7000 volunteer data collectors across the country. Environment Canada relies on these volunteers to record weather readings in every corner of the country.

J. Carr McLeod, Director of Atmospheric Environment Branch of the Ontario region of Environment Canada, hosted the presentation. He thanked Graham for all of his work over the years. He noted it all started when the weather recorder responded to a newspaper advertisement placed by Environment Canada. The government agency was seeking volunteers to take basic weather readings in their community. That was over 50 years ago and now, 15,250 days later, Graham is still checking the readings for temperature and precipitation. He likened Graham's longevity as a climate observer to that of the career of baseball great Cal Ripken, though McLeod noted that Graham's job never gets called on a rain delay.

McLeod emphasized the importance of the work of climate observers and how the information can be put to practical uses. Police, lawyers, insurance adjusters and others use climate information to garner details from events. The long range information, that has been gathered from the Minden site and others across Canada can also indicated climate trends. For example with the information collected on temperature, it is evident that there has been a gradual increase in the annual mean temperature from 1957 to 1998 in Minden. "Such data would be unavailable without Mr. Graham," said McLeod.

Also on hand to congratulate Graham was Haliburton Victoria Brock MP John O'Reilly. He presented Graham with a special certificate of achievement, and thanked him for his work in climate observation.

Phil Graham was caught by surprise by the presentation. He spoke of the enjoyment he has received over the years of collecting data. "It's been very interesting," he said.

The press release announcing Graham's award also provided some highlights from his years of weather observations from 1956 to 1999. Among the highs and lows of his career were:

- the year with the warmest average temperature: 1998, 7.4 C
- the year with the coolest average temperature: 1972, 3.7 C
- the normal annual mean temperature: 4.9 C
 - wettest year: 1985, 1,278 mm
 - driest year: 1958, 679 mm
- normal annual precipitation,
 1,006 mm
- snowiest winter: 1970/71, 403 cm
 least snowy winter: 1993/94, 140
- cm
 - average winter snow: 241 cm
- hottest temperature: four occasions, July 31, 1975; August 1, 1975;
 August 2, 1987; July 8, 1988, 35.0 C
- coldest temperature: January 4, 1981, 41.0 C
- rainiest day: July 25, 1986, 99.8
- snowiest day: March 4, 1985,
 33.0 cm



SURPRISE AWARD: Phil Graham was honoured Friday at a special ceremony at PineStone Resort for 50 years' of recording weather statistics for Minden. Pictured, left to right, are Envronment Canada representative Carr McLeod, MP John O'Reilly, Phil Graham and his wife Jane.

Brazen thieves steal 8X12 trampoline

There is a cottage on the north shore of Lake Kashagawigamog where the summer fun has come back down to earth.

For the past eight years, everyone at the MacDonald cottage, just off Caribou Lodge Road, has enjoyed bouncing around on a trampoline.

However, according to Sandra MacDonald, the bounce disappeared out of their summer last Thursday when the family returned to the cottage to find the trampoline had been stolen. "It was chained to a tree," Sandra reported last week. "They

just cut through the chain and re-

While she is upset with the theft, Sandra is baffled about how the thieves managed to pull it off. She noted it did not appear the trampoline had been dismantled. "They must have moved it out in one piece. How they managed to do that, I'll never know." According to Sandra, the trampoline is "school sized", about 12 feet by 8 feet. It stands four and half feet tall. The piece of equipment was removed from the property Tuesday or Wednesday of last week.

She pointed out that a trampoline of that size is not something that can be easily hidden away and she is hoping that if anyone has seen it being moved, they would contact the authorities. The bed of the trampoline is black with a yellow 'X' painted on the centre. The jumping area is surrounded by bright blue safety pads. The frame is galvanized steel,

Constable Boyd Jarvis is the investigating officer. Anyone with information about the trampoline can contact the OPP at 1-888-310-1122.

The Friendly Fair

HALIBURTON COUNTY FALL FAIR

August 20, 21 & 22

See pages 16 & 17 for all the details

SEASONAL BLOWOUT SALE!

Garden Centre, Lawn/Patio Furniture, Bbqs, and More! See store for details.



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• Fisherman's paradise

• 5 chain lake system

• B & B potential





Gooderham Home \$799,900

- Well maintained home on over 55 acres • 2,200 Sq Ft, 4 bedrooms, 3 bathrooms
- Large shop/garage with ample storage
- · Ideal private location just outside of town

Looking For

- Looking for Entrepreneurs
- Looking for skilled trades · Looking for bush lots and waterfront





Home & Commercial \$599,000

- Hwy35 & CR8 Fenion Falls, access off CR8
- Newly Reno, 2 bdrm Home, 2 Bay Garage
- 1.85 ac, surrounded by trees, close to water • BONUS Commercial zoning, inquire for use









2800 feet of living space

• 4 bedrooms, 3 full bathrooms

South Exposure, Sand Beach

Perfect property for entertaining

Miners Bay Gull Lake Executive







Gooderham \$199,000

- Almost 17 acres with 345' on the Irondale River.
- 2 lots-in-one, with year-round access.

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- Certified Luxury Home Marketing Specialist
- Thinking about selling in today's market?
- Call ME TODAY!



Mountain Lk Yr Round \$1,469,900

•104 Ft Water Frtg, 0.49 Acres, 2447 Sq Ft

3 Bdrm, 3 Bath Custom Built Viceroy







Gull River Home \$749,000

200 Ft waterfront, 1.29 Acres

•3 bdrm, 2 bath, 1225 sf

Modern, open-concept, 4 season

· Large deck, gazebo, boat to town





Ursa Road \$250,000

- 43 acre hide-away, paved yr round road
- Hvdro at lot line
- Close to Glamor & Billings Lakes
- ATV & snowmobile trails

Percy Lake \$1,300,000

- Well-maintained 4-season cottage Open concept, 3 bedrooms, 2 baths
- •100 feet of frontage with southern exp Algonquin-style lake perfect for all activities
- - · Great shoreline, NW exposure for sunsets



Miskwabi Lake – Trapper's Trail

• Includes 2 separately deeded lots with 280'

• 3BR cottage on 2-lake chain.















Harburn Rd \$ 1,050,000

- 17 vacant lots over 47acres
- •1.91 acres to 4.92 acres • Registered Plan of Subdivision
- Close to town



- •3 bdrm, 3 bath, in-town brick home 2300sft living space, corner lot, privacy
- Custom kitchen, FP, loft, dbl garage Barn for workshop/studio
- Minnicock Lake Rd \$144,900 10 acres, nicely treed on year round road,

only 10 minutes from Haliburton

Esson Creek \$599.000

3 bdrm, 2 bath, 1520 SF, 0.87 acres Huge deck, firepit, Bunkie Short boat ride to Esson Lk



















Haliburton Village \$184,400

- Municipal road, underground hydro access · Close to downtown, beach, boat launch
- Double lot, 1.4 + acres

Kennisis Lake \$1,600,000

- Turn-key 2,700 SF waterfront home • Open concept, 5 bedrooms, 3 baths
- 200+ FT on peaceful Paddy's Bay
- Premium Lake boating on Kennisis

Minden Bungalow

- · 3 bdrm/2 bath Home Just North of Town
- · Cathedral Ceilings, Hardwood Floors, Walk-Out Lower Level Rec Room
- Dbl Car Att'd Garage, 1.1 Acres

Hwy building lot \$119,900

 Great building site, level lot Close to 12 Mile Lk marina Short distance to 12 Mile Lk beach









Classic Family Cottage

Gorgeous views of lake

3 bedroom 1 bath + Bunkie





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- Full basement to finish to your preference Beautiful setting with trails throughout



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